

# New manners for climbing Mt. Fuji in the age of COVID-19

The following 1-7 are safety measures we urge before climbing (advance planning) and 8-15 are for while climbing (on-site behavior).

1

**Do not climb if you have a fever or symptoms of illness.**



Not to exceed your regular body temperature + 1 or 37.5 degrees



When you cough or feel hard breathing.

※ Rescue operations require extra caution and may add to the risk of infection. You must be fit.

※ See the calendar marked with congestion warnings!

2

**Climb with fewer people that you live with.**



※ Divide a large group of people into smaller subgroups.

3

**Avoid crowded days and times of day.**



※ See the calendar marked with congestion warnings!

※ Enjoy the sunrise from a location other than the crowded summit!

4

**Book a mountain lodge in advance.**

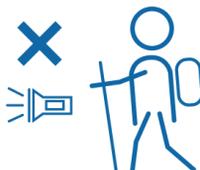


※ Reservations are a must if you choose to see the sunrise at the summit!

※ Camping with tents is not allowed on Mt. Fuji.

5

**Avoid night climbing without staying overnight to see the sunrise**



※ Avoid crowds at the summit!

6

**Check the latest information and make a safe and agreeable climbing plan.**



\*Please refer to the official website for climbing Mt. Fuji.



※ Climbing with all the extra precautions requires more time.

7

**Bring infection-control goods.**



Face covering (hand towel / mask)

※ 2 or more pieces per day

Airtight storage bag

※ As a trash or hygiene bag



Head lamp

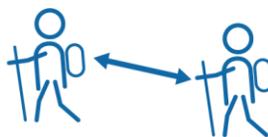
Lets other climbers know where you are to adjust social distancing at night.

Personal hand sanitizer



8

**Keep social distance (2 m) from other groups.**



※ Do not however step out from the designated trail area (which can cause rock falls).

9

**Wear a face covering\* if necessary.**

**Cover your nose and mouth with a hand towel or mask.**

When passing each other on the trail

In indoor public facilities



When not able to keep a physical distance.

10

**Take turns to ascend and descend\* when the trail is crowded**



※ Follow the instructions of on-site security personnel.

11

**Maintain your own steady walking pace to avoid excessive heavy breathing.**



※ Be careful not to breathe too hard, as that will spread more saliva droplets.  
※ Do not rush to overtake.

12

**Avoid sharing goods with other groups and touching ropes or other objects provided near the trail.**



※ Do not touch spikes and ropes beside trails as these are provided to show the way and not for physical support.

13

**Wash your hands after using toilets or visiting shops.**



14

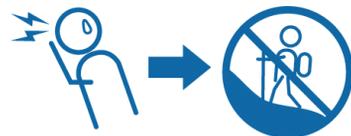
**Take back your trash and vomit in airtight bags.**



※ To prevent the spread of infection!

15

**If you feel sick, immediately stop climbing, and descend the mountain.**



※ If you are in close contact with persons who feel sick, you should also descend the mountain regardless of whether you have symptoms or not.

※ Stop ascending when bad weather is expected.