

須走ルート SUBASHIRI Trail

須走ルートは、須走口五合目を出発し、静岡県側(小山町内)の富士山東側から山頂を目指すルートです。山頂までの標高差は約1,700mで豊かな自然を満喫できる爽快な登山が楽しめます。

The Subashiri Route begins at the Subashiri Trailhead 5th Station and climbs Mt. Fuji from the eastern side of the mountain in Shizuoka Prefecture (Oyama Town). The elevation gain to the summit is approximately 1,700 meters, and the route offers a refreshing climb surrounded by rich natural scenery.

ルートと所要時間 Route & Estimated time

須走ルート登り

SUBASHIRI Trail Ascent route



五合目から本六合目までは豊かな樹林帯が続き、涼しく日差しを遮ってくれます。本六合目以降は火山砂礫の道が続き、七合目付近からは岩場やゴロゴロしたスコリアが増え、本八合目で吉田ルートと合流するためこの辺りは大変混雑します。九合目～山頂にかけては道が狭く、急峻な岩場が続くため落石の注意が必要です。

From the 5th Station to the Original 6th Station, the trail passes through dense forest that provides shade and cool conditions. Beyond the Original 6th Station, the route continues along volcanic gravel paths. Around the 7th Station, rocky sections and loose volcanic scoria become more common. The trail merges with the Yoshida Route at the Original 8th Station, making this area particularly crowded. From the 9th Station to the summit, the trail becomes narrow with steep rocky sections, so caution is required due to the risk of falling rocks.

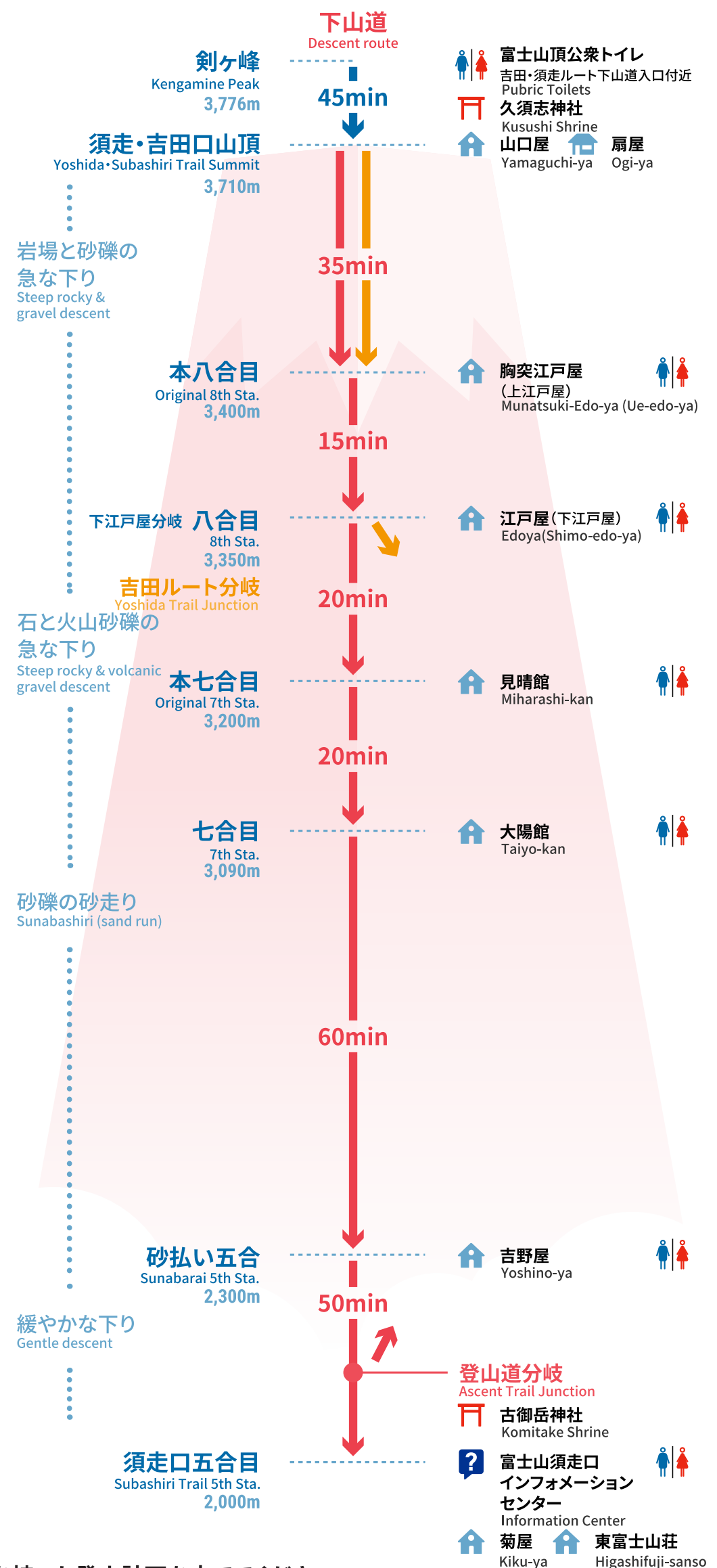
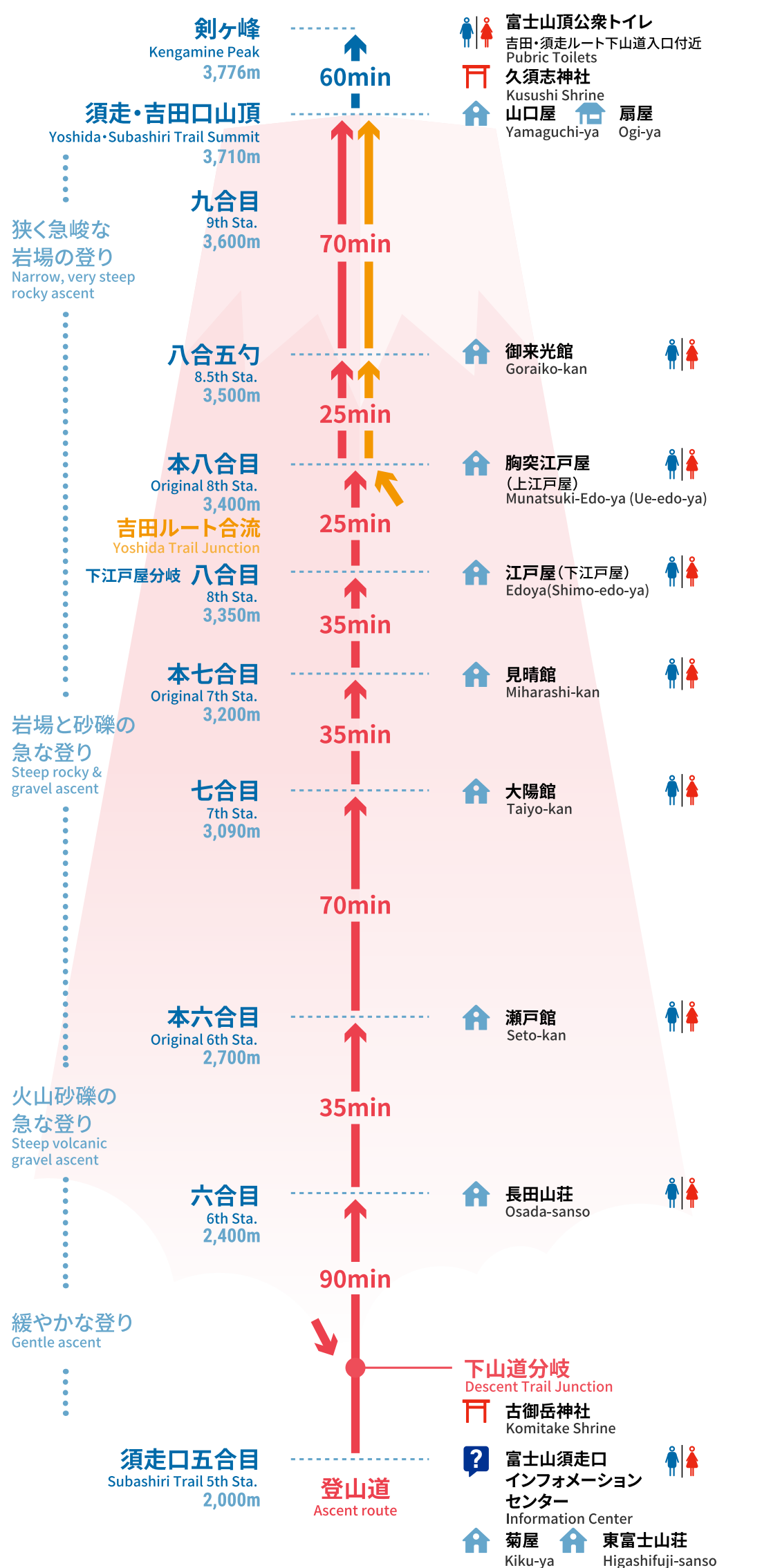
須走ルート下り

SUBASHIRI Trail Descent route



下山は下山専用ルートを使います。登り同様に山頂から八合目までは岩場や砂礫の急な下りで、滑りやすい区間が続きます。八合目江戸屋(下江戸屋)付近で吉田ルートとの分岐があるので間違えないようにしましょう(赤色標識確認必須)。七合目以降は「砂走り」が始まります。標高差は約700m。細かな砂礫を滑るように下ることができる名所です。砂埃対策として、ゲイターやマスク、サングラスがあると良いでしょう。

The descent follows a separate trail designated only for descending. Similar to the ascent, the section from the summit down to the 8th Station consists of steep rocky and gravel slopes that can be slippery. Near Hachigome Edoya (Shimo-Edoya), there is a junction with the Yoshida Route, so be careful not to take the wrong path and make sure to follow the red trail markers. From around the 7th Station, the famous "Sunabashiri" (sand run) begins. With an elevation drop of about 700 meters, this section allows hikers to descend by sliding down fine volcanic gravel. Because dust can easily be kicked up, wearing gaiters, a mask, and sunglasses is recommended.



※所要時間は目安です。休憩時間は含まれていないため、余裕を持った登山計画を立ててください。
Times are estimates and do not include breaks. Please allow plenty of time when planning your climb.